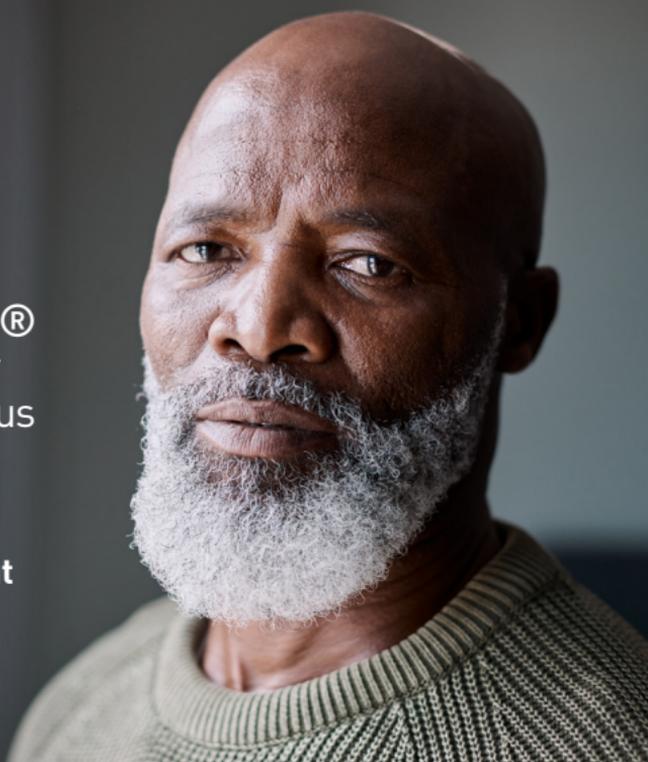


For people who have multiple myeloma

# It's time for XGEVA®

Help prevent serious  
bone problems\*

Ask your doctor about  
XGEVA® today



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Nearly **1.5 million people** with cancer  
worldwide have been treated with XGEVA®

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\*Serious bone problems are defined as broken bones (fractures), the need for surgery to bones, the need for radiation treatments to the bone, and spinal cord compression.

## Indication

XGEVA® is a prescription medicine used to prevent fracture, spinal cord compression, or the need for radiation or surgery to bone in patients with multiple myeloma and in patients with bone metastases from solid tumors.

## IMPORTANT SAFETY INFORMATION

**Do not take XGEVA® if you have low blood calcium (hypocalcemia).** Your low blood calcium must be treated before you receive XGEVA®. XGEVA® can significantly lower the calcium levels in your blood and some deaths have been reported. Take calcium and vitamin D as your doctor tells you to. Tell your doctor right away if you experience spasms, twitches, cramps, or stiffness in your muscles or numbness or tingling in your fingers, toes, or around your mouth.

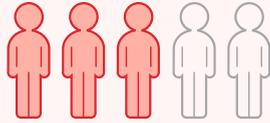
**Please see additional Important Safety Information on pages 10-11.**

**XGEVA®**  
(denosumab) injection  
120 mg/1.7 mL vial



## What is my risk of having a serious bone problem?

Without a proper prevention plan in place, you are much more likely to have serious bone problems



~3 out of 5 people who have multiple myeloma will suffer a serious bone problem



One fracture can lead to another

> **7x**

After one fracture, the risk of more fractures grows much higher

Ask your doctor how you can protect yourself from serious bone problems

## How does multiple myeloma affect my bones?

Patients with multiple myeloma often have weak spots in the bones, called lesions (LEE•shuns)



Bone lesions often cause serious bone problems

**9** out of **10**

people with multiple myeloma develop bone lesions over time

When your bones weaken, you are at risk for serious bone problems. These are defined as:



Broken bones (fractures)



A need for surgery to prevent or repair broken bones



A need for radiation treatments to the bone



Pressure on the spinal cord (spinal cord compression)

## What signs and symptoms should I look out for?

### Common symptoms of a serious bone problem include:

- Sudden, severe pain that prevents movement
- Pain
- Difficulty urinating
- Constipation
- Lack of bowel or bladder control
- Numbness
- Weakness
- Paralysis

Other symptoms could occur.

Make sure to report any new symptoms to your doctor

## What's the good news?

There are bone-targeting medicines specifically designed to help prevent serious bone problems before they happen

Turn the page to learn about a bone-targeting medicine that's proven to lessen the risk of serious bone problems

## How can XGEVA® help protect my bones?

### XGEVA® helps prevent serious bone problems in people with multiple myeloma

In a clinical study of 1,718 people, XGEVA® given every 4 weeks was compared with zoledronic acid (ZA) and shown to not be worse than ZA

NEARLY  
**23**  
MONTHS  
OF PREVENTION

The study measured the time to first serious bone problem

**Half of people taking XGEVA® went at least 22.8 months** without experiencing a serious bone problem

**Half of people taking ZA went at least 24 months**

### XGEVA® works to restore balance in your bones

- XGEVA® works by stopping cells that break down bone from becoming overactive when you have multiple myeloma
- XGEVA® slows bone breakdown to help prevent serious bone problems

### IMPORTANT SAFETY INFORMATION (cont'd)

**Do not take XGEVA® if you are allergic to denosumab or any of the ingredients of XGEVA®.** Serious allergic reactions have happened in people who take XGEVA®. Call your doctor or go to your nearest emergency room right away if you have any symptoms of a serious allergic reaction, including low blood pressure (hypotension); trouble breathing; throat tightness; swelling of the face, lips, or tongue, rash; itching; or hives.

**Please see additional Important Safety Information on pages 10-11.**

## What makes XGEVA® different?



Convenient shot given under the skin in the upper arm, upper thigh, or stomach area. It does not involve infusion through the vein



Administered once every 4 weeks in your doctor's office



Works a different way from other bone-targeting medicines. XGEVA® specifically blocks an important target that leads to bone breakdown



XGEVA® is not cleared from your body by the kidneys, so there's no need to adjust your dose if you have lower kidney function (renal impairment)

If your kidney function is not normal, your risk of seriously low calcium levels increases

## What else should I know?



You cannot start XGEVA® if you have low blood calcium, so your doctor will first test your blood calcium levels



For women, your doctor will check if you are pregnant before starting XGEVA®. You should use highly effective birth control when taking XGEVA®

Schedule your XGEVA® shot **every 4 weeks** as prescribed for the best chance of preventing serious bone problems

**XGEVA®**  
(denosumab) injection  
120 mg/1.7 mL vial



## How can I stay on track with XGEVA®?

Sticking to your treatment schedule helps give you the best chance of preventing serious bone problems\*

- **Schedule** appointments for every 4 weeks in advance
- **Record** appointments in your calendar
- **Ask** family or friends for help getting to your doctor's office
- **Write** down questions to ask your doctor before appointments

\*Serious bone problems are defined as broken bones (fractures), the need for surgery to bones, the need for radiation treatments to the bone, and spinal cord compression.

Sign up at [XGEVA.com/updates](http://XGEVA.com/updates) for personalized support, including emails, access to resources, and more

### IMPORTANT SAFETY INFORMATION (cont'd)

**What is the most important information you should know about XGEVA®?**

**Do not take XGEVA® if you take Prolia®.** XGEVA® contains the same medicine as Prolia® (denosumab).

**Please see additional Important Safety Information on pages 10-11.**

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## What resources are available to me?

**If you and your doctor decide XGEVA® is right for you, Amgen Assist 360™ is here to help**

Your Amgen Assist 360™ Nurse Navigator\* can help you find the resources† most important to you:

- Answer medication questions and help you sign up for injection reminders
- Refer you to resources for day-to-day living
- Help you understand your coverage and financial support options for any type of insurance, such as Amgen FIRST STEP™

### Amgen FIRST STEP™ Program

If you are eligible‡ and commercially insured, the Amgen FIRST STEP™ Program can help you cover your out-of-pocket (OOP) prescription costs, including deductible, co-insurance, and co-payment.

- **\$0** OOP for first dose or cycle
- **\$5** OOP for subsequent doses or cycles, **up to the brand program benefit maximum**
- No income eligibility requirement



### CALL TODAY

1-888-4ASSIST (1-888-427-7478)  
Monday to Friday, 9AM to 8PM ET, or  
visit [www.amgenassist360.com/enroll](http://www.amgenassist360.com/enroll)

\*Amgen Nurse Navigators are there to support, not replace, your treatment plan and do not provide medical advice or case management services. Patients should always consult their healthcare provider regarding medical decisions or treatment concerns.

†Resources include referrals to independent nonprofit patient assistance programs. Eligibility for resources provided by independent nonprofit patient assistance programs is based on the nonprofits' criteria. Amgen has no control over these programs and provides referrals as a courtesy only.

‡Terms, conditions, and program maximums apply. This program is not open to patients receiving prescription reimbursement under any federal, state, or government-funded healthcare program. Not valid where prohibited by law.



Amgen Assist 360™ and Amgen FIRST STEP™ are trademarks of Amgen Inc.

## Important Safety Information

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**What is the most important information you should know about XGEVA®?**

**Do not take XGEVA® if you take Prolia®.** XGEVA® contains the same medicine as Prolia® (denosumab).

**Severe jaw bone problems (osteonecrosis)**  
Severe jaw bone problems may happen when you take XGEVA®. Your doctor should examine your mouth before you start, and while you are taking XGEVA®. Tell your dentist that you are taking XGEVA®. It is important for you to practice good mouth care during treatment with XGEVA®. In studies of patients with bone involvement, the rate of severe jaw problems was higher the longer they were being treated with XGEVA®.

**Unusual thigh bone fracture**  
Unusual thigh bone fracture has been reported. Symptoms of a fracture include new or unusual pain in your hip, groin, or thigh.

**Risk of high calcium levels in patients with Giant Cell Tumor of Bone and in patients who are still growing**  
Patients with a type of cancer called Giant Cell Tumor of Bone and patients with bones that are not fully matured are at a greater risk to develop high blood calcium levels after they stop taking XGEVA®, that can be serious.

**Increased risk of broken bones in the spine after discontinuing XGEVA®**  
After your treatment with XGEVA® is stopped, your risk for breaking bones in your spine can increase, especially if you have a history of risk factors such as osteoporosis or prior fractures.

**Possible harm to your unborn baby**  
You should not become pregnant while taking XGEVA®. Tell your doctor right away if you are pregnant, plan to become pregnant, or suspect you are pregnant. XGEVA® can harm your unborn baby.

**Tell your doctor if you:**

- Are taking a medicine called Prolia® (denosumab) because it contains the same medicine as XGEVA®
- Have symptoms of low blood calcium such as muscle stiffness or cramps
- Have symptoms of severe jaw bone problems such as pain or numbness
- Have ongoing pain or slow healing after dental surgery
- Have symptoms of high blood calcium such as nausea, vomiting, headache, and decreased alertness
- Are pregnant, plan to become pregnant, suspect you are pregnant, or breastfeeding

**While taking XGEVA®, you should:**

- Tell your doctor about all medications you are taking. Your doctor needs to know if you are taking other medications that also lower blood calcium levels
- Take good care of your teeth and gums and visit a dentist as recommended
- Tell your dentist that you are taking XGEVA®
- Tell your doctor if you plan to have dental surgery or teeth removed
- Talk to your doctor before you stop taking XGEVA® about your risk for broken bones in your spine
- Women of child bearing age should use highly effective contraception while taking XGEVA® and for at least 5 months after the last dose of XGEVA®

**What are the possible side effects of XGEVA®?**

In patients with bone metastases from solid tumors using XGEVA®, the most common side effects were tiredness/weakness, low phosphate levels in your blood, and nausea. The most common serious side effect of XGEVA® was shortness of breath.

In multiple myeloma patients receiving XGEVA®, the most common side effects were diarrhea, nausea, low red blood cells, low blood platelets and calcium levels, back pain, swelling of the lower legs or hands, upper respiratory tract infection, rash, and headache. The most common serious adverse reaction in multiple myeloma patients was pneumonia.

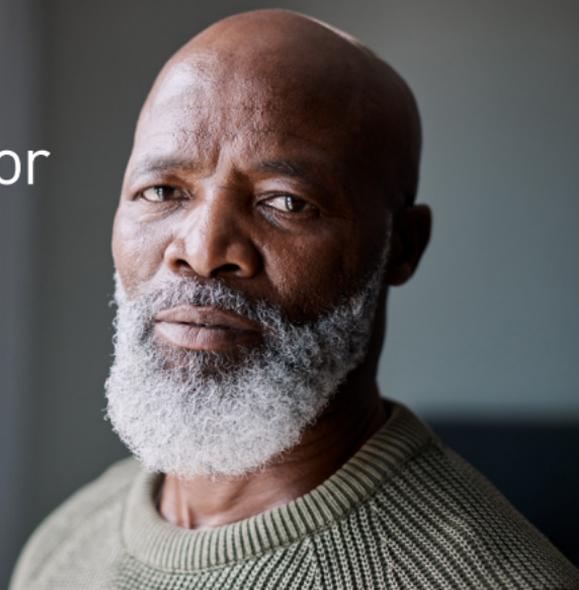
These are not all the possible side effects of XGEVA®. For more information, ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

**Please [click here](#) for Prescribing Information.**

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120 mg/1.7 mL vial

Ask your doctor  
if XGEVA<sup>®</sup> is  
right for you



#### Sign up for XGEVA<sup>®</sup> Cares

- Personalized support from Nurse Navigators
- Help paying for XGEVA<sup>®</sup>
- Medication reminders
- Emails with tips and resources



#### Find helpful information and resources

- Downloadable tools
- Tips and advice
- Patient stories
- Links to advocacy groups

Visit [XGEVA.com/updates](https://www.xgeva.com/updates)  
to learn more

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**Please see Important Safety Information on pages 10-11.**



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